

# AUTUMN TERM MENU Freshly prepared

**WEEK ONE – 6<sup>th</sup> Sep, 27<sup>th</sup> Sep, 18<sup>th</sup> Oct, 15<sup>th</sup> Nov, 6<sup>th</sup> Dec**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(G/MK) Macaroni Cheese (V)	(G) Sweet Chilli Chicken Wrap	(G) Pork Meatballs Vegetarian Balls (V) in Tomato and Basil Sauce	(G) Chicken Roll Cheese Roll (V) Tomato Wedges	Jacket Potato with Baked Beans (V) Jelly
(G) Garlic Flat Bread Sweetcorn	(G) Mexican Bean Wrap (V)	(G) Garlic Flat Bread Rice	(G) Bread Sticks	Fruit Salad Pot
(G) Oaty Fruity Biscuit	Green Salad	Vegetable Medley	(G/E) Peach Sponge	(Mk) Glass of Milk
Glass of Apple and Berry Squash	Fruit	(Mk) Yogurt	(Mk) Glass of Milk	
	(G/E/Mk) Chocolate Pear Cake	Glass of Orange Squash		
	(Mk) Glass of Milk			

**WEEK TWO – 13<sup>th</sup> Sep, 4<sup>th</sup> Oct, 1<sup>st</sup> Nov, 22<sup>nd</sup> Nov, 13<sup>th</sup> Dec**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(G/E) Chicken Mayo Wrap	(G/Mk) Vegetable Pasta Bake (V)	Roast Chicken	(G) Ham Roll	(G/Mk) Homemade Pepperoni Pizza
(G) Veggie Goujon Wrap (V)	(G) Chunky Bread	Roast Potatoes	(G/Mk) Cheese Roll (V)	(G/Mk) Homemade Cheese Pizza (V)
Fresh Vegetable Salad	Green Beans	Seasonal Vegetables	Cucumber Slices	Chips
(G) Bread Sticks	Fruit Medley	Gravy	(G) Bread Sticks	Jelly
(E/Mk) Ginger Cake	(Mk) Glass of Milk	(Mk) Yogurt	(G/E/Mk) Apple Sponge Cake	(Mk) Glass of Milk
(Mk) Glass of Milk		Glass of Orange Squash	(Mk) Glass of Milk	

**WEEK THREE – 20<sup>th</sup> Sep, 11<sup>th</sup> Oct, 8<sup>th</sup> Nov, 29<sup>th</sup> Nov**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(G) Pork Sausage	(G/Mk) Cheese Sandwich (V)	(F) Tuna Roll	(G/Mk) Tomato Pasta (V)	(G/F/Mk) Fish Cake
(G/C) Vegetarian Sausages (V)	Mixed Peppers	(G/Mk) Cheese Sandwich (V)	(G) Garlic Flat Bread	(G/E/Mk) Quorn Dippers (V)
Mash Potatoes	Popcorn	Vegetable Sticks	Sweetcorn	Potato Wedges
Carrots	(Mk) Fruity Flapjack	(Mk) Cube of Cheese	(Mk) Shortbread Biscuit	Green Peas
Fruit Salad	Glass of Orange Squash	(G/Mk) Cornflake Tart & Fruit Medley	Glass of Apple and Berry Squash	Jelly
(Mk) Glass of Milk		Glass of Orange Squash		(Mk) Glass of Milk

**Allergen Information:** V – Vegetarian G – Cereals containing Gluten Mk – Milk E – Egg Mu – Mustard C - Celery F - Fish Cr – Crustaceans L – Lupin Mo – Molluscs N – Nuts P – Peanuts Se – Sesame Seeds So – Soya Beans Su – Sulphur Dioxide & Sulphates T – Tree Nut \* Please note menus may be subject to change without notice. \* All allergies must be reported to the office. \* Fresh fruit and milk available everyday\*