

# AUTUMN TERM MENU

Freshly prepared

## WEEK ONE – 15<sup>th</sup> Nov, 6<sup>th</sup> Dec

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
(G/MK) Macaroni (V) Cheese (G) Bread Sweetcorn (G/MK) Custard Biscuit	(G) Pork Meatballs (V) Vegetarian Balls in Tomato and Basil Sauce Vegetable Medley Rice (E/G/SU/MK) Jam Sponge	Jacket Potato with Baked Beans or (MK) Cheese Jelly	(G) Breaded Chicken or (V/G/E/MK) Quorn Burger Potato Wedges Spaghetti Hoops (G/E/MK) Date and Bananas Cake with Custard	(G) Spaghetti Bolognese (E/G/MK) Quorn Bolognese Sweetcorn (G/E/MK) Iced Sponge

## WEEK TWO – 22<sup>nd</sup> Nov, 13<sup>th</sup> Dec

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(G/V/MK) Vegetable Pasta Bake (G) Bread Green Beans (G/E/MK) Melting Moment	Shepherds Pie (V/G/E/MK) Quorn Shepherds Pie Gravy Country Mixed Vegetables (MK) Chocolate Rice Crispie Cake	Roast Chicken (G/V) Roast Quorn Fillet Roast Potatoes Seasonal Vegetables Gravy (MK/G) Apple Crumble and Custard	(G/MK) Pepperoni or (MK/V) Cheese Pizza Chips (G/MK) Chocolate Chip Cookie	(G) Beef Lasagne (G/V/E/MK) Quorn Lasagne Mixed Green Salad (G/E/MK) Ginger Cake and Custard

## WEEK THREE – 8<sup>th</sup> Nov, 29<sup>th</sup> Nov

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(G/MK) Tomato Pasta (G) Garlic Flat Bread Sweetcorn (G/MK) Shortbread Biscuit	(G) Pork Sausages (V) Vegetarian Sausages Mash Potatoes Carrots Chocolate Cake and (G/E/MK) Vanilla Sauce	Chicken or (V) Vegetable Casserole (G) Chunky Bread Green Peas Cornflake Tart with (G/MK/SU) Custard	(F) Fish Fingers (G/V/E/MK) Quorn Dippers (G) Smiley Faces Baked Beans Jelly	Cottage Pie (G/V/E/MK) Quorn Cottage Pie Broccoli (G/E/MK) Peach Crumble

Allergen Information: V – Vegetarian G – Cereals containing Gluten Mk – Milk E – Egg Mu – Mustard C – Celery F – Fish Cr – Crustaceans L – Lupin Mo – Molluscs N – Nuts P – Peanuts Se – Sesame Seeds  
So – Soya Beans Su – Sulphur Dioxide & Sulphates T – Tree Nut \* Please note menus may be subject to change without notice. \* All allergies must be reported to the office. \* Fresh fruit and milk available everyday\*